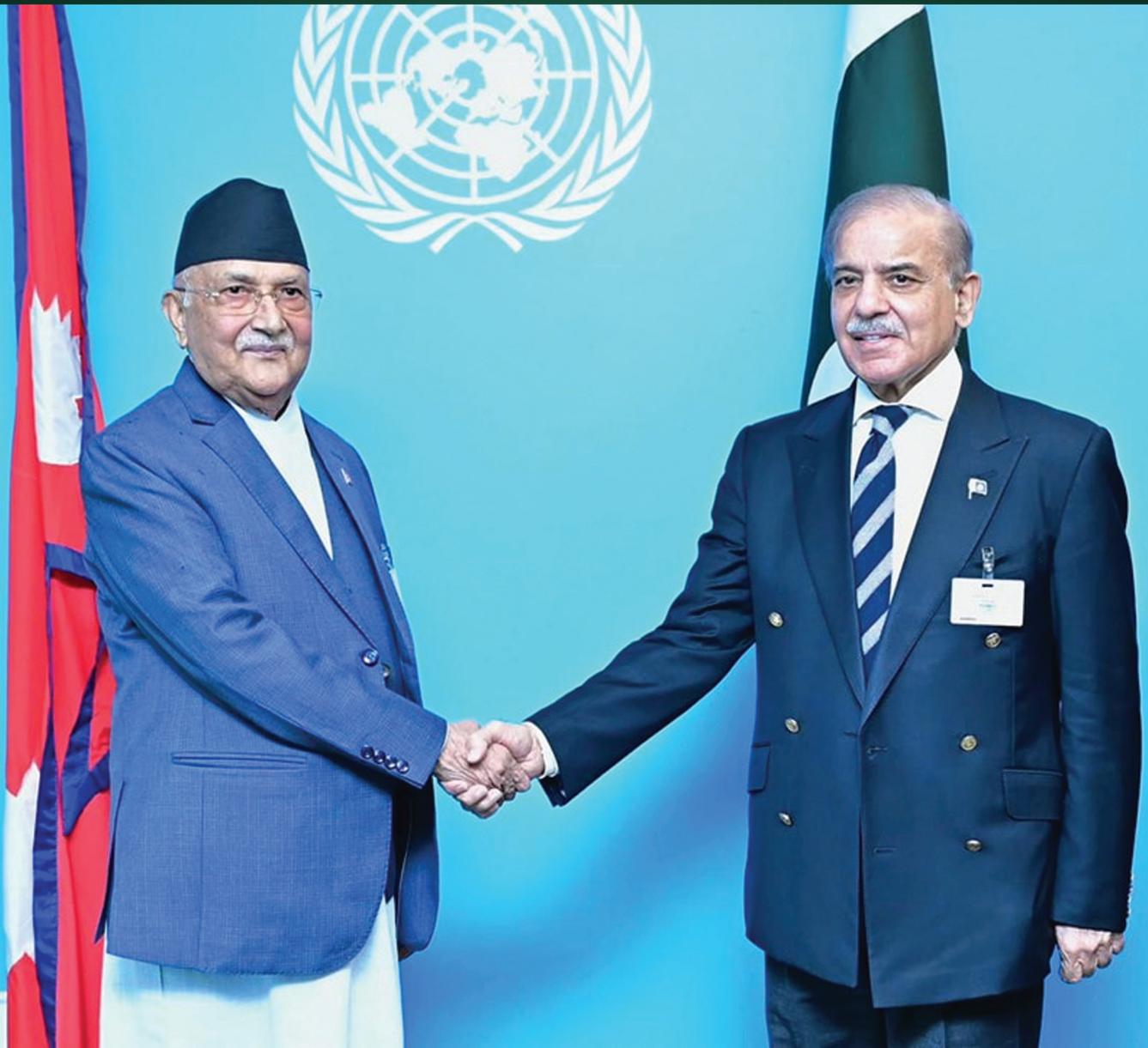
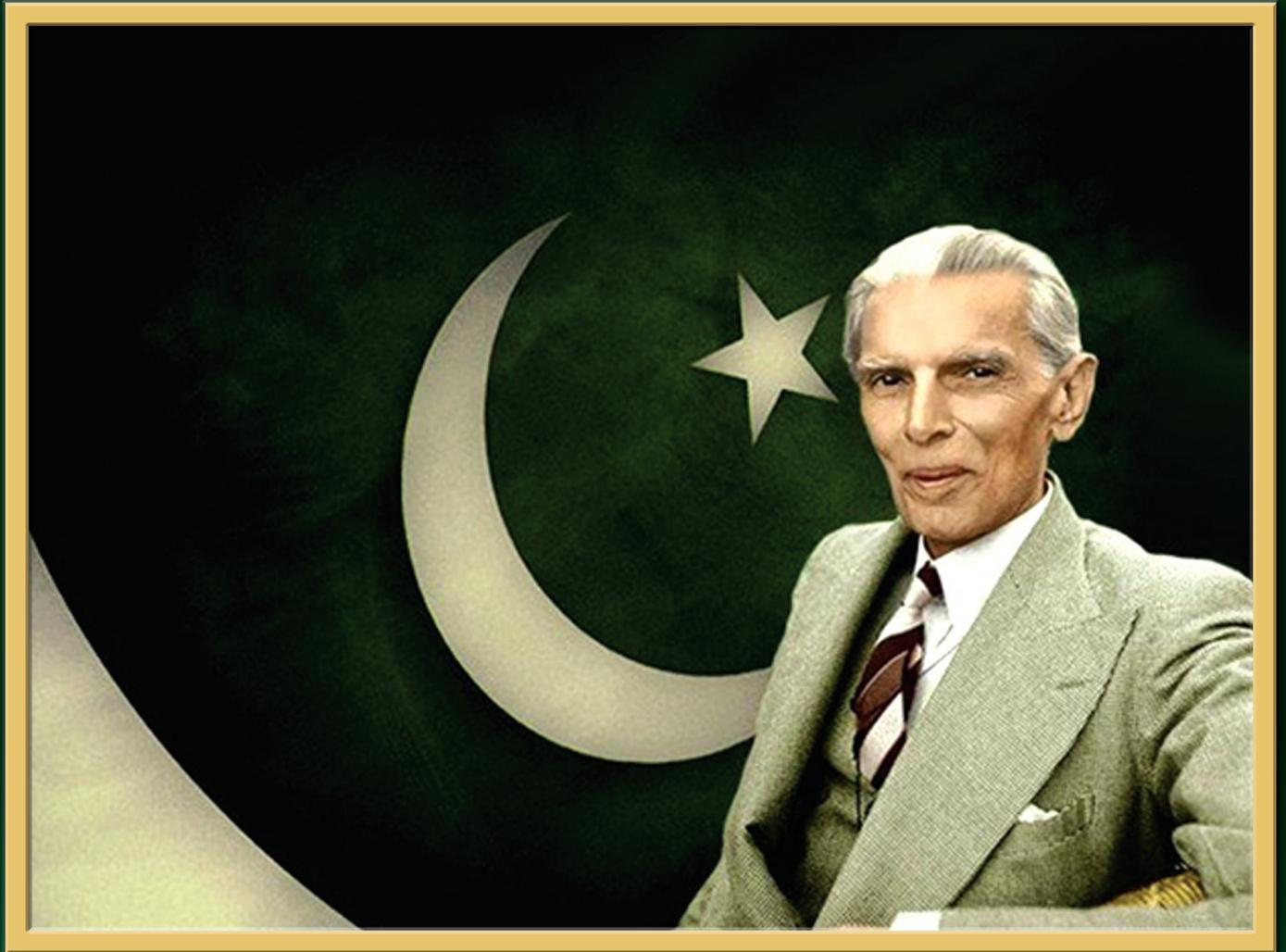


Pakistan in Nepal

LOOK NEPAL: TOURISM, CULTURE & ENVIRONMENT MAGAZINE





"We have undoubtedly achieved Pakistan, and that too without bloody war, practically peacefully, by moral and intellectual force, and with the power of the pen, which is no less mighty than that of the sword and so our righteous cause has triumphed. Are we now going to besmear and tarnish this greatest achievement for which there is no parallel in the history of the world? Pakistan is now a fait accompli and it can never be undone, besides, it was the only just, honourable, and practical solution of the most complex constitutional problem of this great subcontinent. Let us now plan to build and reconstruct and regenerate our great nation..."

Quaid e Azam Muhammad Ali Jinnah
Founder of Pakistan



Message from H.E. Mr. Abrar H Hashmi, Ambassador of Pakistan to Nepal

The relationship between Pakistan and Nepal is built on the solid foundations of historical linkages, shared cultural affinities, and mutual respect. Pakistan and Nepal established diplomatic relations in 1960, and since then, our ties have grown steadily across political, economic, cultural, and people-to-people domains.

Our bilateral engagement is characterized by a convergence of views on major regional and international issues, support for each other's sovereignty and territorial integrity, and a common vision for peace and development in South Asia.

Pakistan considers Nepal not just a neighbor in the South Asian region, but a valued partner in the pursuit of regional peace, prosperity, and sustainable development. We admire Nepal's remarkable journey of democratic transition and its commitment to inclusive governance and social harmony. Pakistan is committed to further enhancing its collaboration with Nepal in areas of trade, education, health, climate resilience, and cultural exchange.

I am also pleased to note the active engagement of the Embassy of Pakistan in Nepal with local institutions, civil society, business chambers, and academic forums. Moreover, Pakistan Embassy remains committed to strengthening bilateral ties by actively promoting parliamentary, sports, and youth exchanges as vital avenues for fostering mutual understanding and long-term collaboration between the two nations.

Our shared commitment to regional integration, peace-building, and human development will continue to guide our future collaboration. As we look ahead, I am confident that the people of Pakistan and Nepal will continue to nurture this relationship with mutual trust and respect. May the bonds of friendship between our two countries continue to flourish for generations to come.

Long Live Pakistan-Nepal Friendship

Abrar H. Hashmi

Ambassador

Embassy of Pakistan, Nepal

مَعْرَكَةُ حَقِّ



پاکستان زندہ باد

Regional Solidarity for Disaster Preparedness



Abrar H Hashmi
Ambassador of Pakistan in Nepal

Published in The Kathmandu Post
26 May 2025

The HKH nations are positioning themselves as active leaders for a resilient, just and sustainable future.

The Himalaya-Karakoram-Hindukush (HKH) region is undergoing profound transformations that threaten its fragile ecosystems and also the resilience, safety and livelihoods of nearly 2 billion people across Asia. This expansive mountain system, shared by eight countries, harbours over 55,000 glaciers-massive ice reserves that feed major rivers such as the Indus, Ganges, Yangtze and the Yarlung Tsangpo-Brahmaputra. These rivers are critical to sustaining agriculture, drinking water supplies and energy systems from the high mountains to the coastlines. Yet, the intensifying effects of climate change are melting these glaciers at alarming rates, undermining long-standing natural balances and exposing communities to cascading disaster risks.

Scientific studies indicate that glacier retreat in the HKH has surged dramatically in recent years. If global temperatures continue on their current trajectory, experts warn that up to 80 percent of glacier volume in the region could vanish by the end of this century. The implications for water security are grave, but so are the repercussions for disaster risk. As glaciers retreat, new and unstable glacial lakes form, increasing the threat of glacial lake outburst floods (GLOFs). Shifting snow and rainfall patterns lead to heightened flood risks, landslides and erosion. Pakistan, like Nepal, is at the heart of the HKH geography and its unfolding crisis. The country is home to the Himalayas, the Karakoram and the Hindukush ranges and boasts more than 7,000 glaciers—the largest concentration outside the polar regions. These glaciers are crucial for Pakistan's water systems, especially the Indus Basin. However, the country has been increasingly vulnerable to hydro-climatic disasters. The catastrophic floods of 2022 stand as a stark reminder, displacing 33 million people, destroying vital infrastructure and causing economic losses exceeding \$30 billion.

Across the HKH, communities are going through the daily consequences of environmental and climatic instability. Glacial melt, unpredictable snowfall and altered water flows are disrupting farming cycles, increasing food insecurity and undermining basic services. These climatic shifts are contributing to the rising frequency

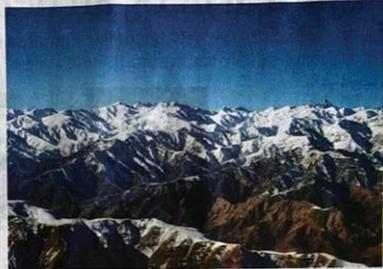
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MONDAY, MAY 26, 2025 | 04

Regional solidarity for disaster preparedness

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ABRAR H HASHMI



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able experiences, new ideas and practical lessons on how to better prepare for and respond to disasters, ultimately contributing to stronger, more resilient communities across the region.

An example of such cross-border learning is the evolution of energy-efficient zig-zag brick kiln technology, which emerged in Nepal following the devastating 2015 Gorkha earthquake. To rebuild sustainably, Nepal's brick industry transformed its traditional kilns into zig-zag designs, reducing fuel consumption by up to 30 percent and lowering harmful particulate emissions by half. The design also offered enhanced seismic resilience due to its modular, flexible structure. Inspired by Nepal's post-earthquake innovation, Pakistan's brick industry began adopting the zig-zag technology in 2022, particularly in Punjab and Sindh provinces, contributing to improved air quality, energy efficiency and safer working conditions.

Advancing this spirit of cooperation, in September 2024, Nepal's disaster management officials visited Pakistan's National Disaster Management Authority (NDMA) and its state-of-the-art National Emergency Operations Centre (NEOC) in Islamabad. This facility integrates real-time satellite feeds, hydrological data and digital dashboards for proactive disaster management, offering a model of institutional coordination that Nepal's own NEOC has now begun adopting. This hands-on exchange deepened Nepal's understanding of rapid alert protocols, data integration and emergency response coordination, marking a leap forward in Nepal's multi-hazard early warning capacities. It also opened the door for structured collaboration, including technical working groups on mountain-specific disasters and the creation of a shared inventory of crit-

ical disaster management equipment.

On the ground in Pakistan, another powerful example of climate-resilient innovation can be found in the Sindh Peoples Housing for Flood Affected (SPHF) initiative. Following the devastating floods of 2022, wherein 33 million people were impacted, Pakistan launched one of the world's largest post-flood housing programmes. Combining technological innovation, transparency and social inclusion, the SPHF has already completed over 400,000 homes, with another 600,000 under construction. Homes are built on raised plinths above historic floodlines using reinforced masonry and lightweight steel frames designed to withstand future inundations.

Leveraging real-time digital monitoring tools and custom-built applications, the programme has ensured 98 percent effective fund utilisation, while also fostering social inclusion by granting land titles to women and opening over 1.16 million new bank accounts for affected families. The SPHF has not only rebuilt homes but also restored dignity and livelihoods, creating over one million jobs and setting new benchmarks for citizen-centred recovery in climate-vulnerable contexts.

These examples show the power of South-South cooperation and the potential of vulnerable countries to lead. When mountain nations collaborate—whether through shared strategies, joint simulation exercises, or knowledge exchanges—they strengthen their own preparedness while contributing to a more resilient region. Institutions with regional offices in Nepal—such as SAARC, ICIMOD and the World Bank—play a crucial role in fostering climate resilience and disaster preparedness across the Hindu Kush Himalaya. By acting as conveners of cross-border collaboration, they help align scientific knowledge, policy dialogue and financial resources. Their support for regional initiatives, technical cooperation and investment in climate-resilient infrastructure and early warning systems is essential in transforming collective goals into meaningful action on the ground.

As the world heads towards COP30 and other critical climate summits, the lessons from Sagarmatha Sambaad and the HKH region are clear: Science, solidarity, South-South cooperation and the need to hear the voice of mountain countries in global climate governance. The time to act is now, and mountain nations are leading the way not as passive victims, but as active champions of resilience, justice and a sustainable future.

Hashmi is the Ambassador of Pakistan to Nepal.
For a longer version of the article, log on to kathmandupost.com.

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tragedies—they were wake-up calls about the cost of unpreparedness in the face of intensifying climate hazards. Across the HKH, communities are going through the daily consequences of environmental and climatic instability. Glacial melt, unpredictable snowfall and altered water flows are disrupting farming cycles, increasing food insecurity and undermining basic services. These climatic shifts are contributing to the rising frequency

and intensity of extreme weather events—from flash floods and landslides to droughts and heatwaves—that cut across national borders and overwhelm local capacity. These interlinked hazards demand proactive strategies that prioritise disaster risk reduction and climate resilience as national and regional imperatives.

In response to these growing threats, Nepal has taken an important step forward by convening the first-ever Sagarmatha Sambaad—a high-level global dialogue named after Mount Everest (Sagarmatha). Themed “Climate Change, Mountains, and the Future of Humanity,” the 2025 edition gathered international and regional voices to spotlight mountain vulnerabilities and catalyse action. Central to the discourse was the role of disaster preparedness in protecting lives, ecosystems and infrastructure. Nepal’s leadership in organising this initiative from the climate frontlines reflects the country’s growing influence in shaping global dialogue as a determined actor seeking collaborative solutions to rising disaster risks.

Although countries across the Hindu Kush Himalaya have different disaster management systems, they all face similar hazards and challenges, including floods, landslides and other climate-related disasters. These shared risks also present an important opportunity for countries in the region to learn from one another. In recent years, there has been a growing focus on strengthening regional cooperation through exchanges among disaster management officials, experts and policymakers. These efforts have helped countries share valuable experiences, new ideas and practical lessons on how to better prepare for and respond to disasters, ultimately contributing to stronger, more resilient communities across the region.

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These experiences underscore the power of collaborations in the South in responding to climate-driven disasters in the HKH region and beyond. From zig-zag brick kilns to state-of-the-art emergency operations centres and climate-resilient housing models, countries like Nepal and Pakistan are showing that vulnerable nations can be at the forefront of innovation and leadership. Their stories challenge the narrative of helplessness and position them as solution providers in the global fight against climate change.

As the world heads towards COP30 and other critical climate summits, the lessons from Sagarmatha Sambaad and the HKH region are clear: Science, solidarity, South–South cooperation and the need to hear the voice of mountain countries in global climate governance. The time to act is now, and the mountain nations are leading the way not as passive victims, but as active champions of resilience, justice and a sustainable future.

1.

ART AND CULTURE

Aalmi Mushaira: Urdu, Shaairi Ki Zubaan

On 22 July 2025, Pakistan Embassy, Kathmandu organized poetry symposium, titled "Aalmi Mushaira: Urdu, Shaairi Ki Zubaan" in Kathmandu in collaboration with Sahitya Academy, Nepal. The event was attended by Urdu enthusiasts which included politicians, intellectuals, social activists as well as officials of Pakistan Embassy. The aim of the event was to highlight literary linkages between Pakistan and Nepal and strengthen friendly relations, particularly in cultural domain. Famous Urdu poets, including Dr. Zafar Eleeg, Dr. Saqib Harooni (President Sahitya Academy, Nepal), Dr. Afzal Manglori, Mr. Furqan Faizi, Mr. Musharaf Ali Khan, Mr. Zahid Azad Jhanda Nagri, Mr. Ghalib Dareeb, Mr. Altaf Farifta and Ms. Sapna Ahsaas read out their poetic narrations and won accolades.





Launching Ceremony of Book “Pakistanka Boudha Sampadhaharu”

On 9 July 2025, Pakistan Embassy, Kathmandu organized launching ceremony of book on Pakistan’s Buddhist heritage in Nepali language, titled पाकिस्तानका बौद्ध सम्पदाहरू (Pakistanka Boudha Sampadhaharu) authored by eminent scholar Mr. Om Charan Amatya highlighting the rich Buddhist heritage of Pakistan.



H.E. Mr. Abrar H Hashmi, Ambassador of Pakistan to Nepal said that Pakistan takes pride in its cultural heritage; has preserved it; and wants to share it both as an emotional experience with the followers and tourists alike. He commended Mr. Om Charan Amatya for his meticulous work in highlighting the profound historical and cultural ties between Pakistan and Nepal. He hoped that book would go a long way in reaching to Nepali readers and bring deeper understanding and quest for research, pilgrimage and travel.

Ambassador Met with Mahera Omar and Sumair Shamsi

On 29 May 2025, Ambassador Abrar H Hashmi lauded Mahera Omar and Sumair Shamsi, Pakistani filmmakers, on their films featuring in Nepal and on highlighting issues of significant importance to Pakistan & Global South. Ambassador also congratulated Mahera Omar for winning Nepal Film Initiative's Best Pitch Award at Kathmandu Documentary Lab / Kathmandu International Mountain Film Festival.



Ambassador Attended 8th Nepal International Film Festival

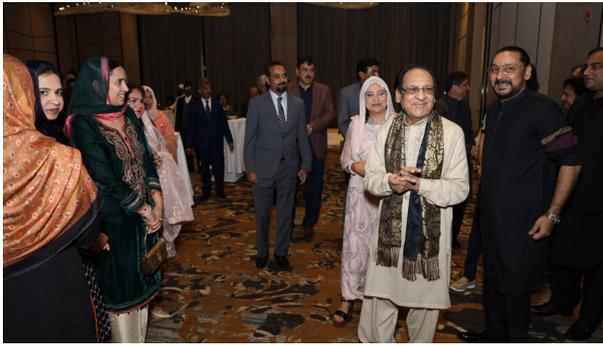
On 20 March 2025, Ambassador Abrar H Hashmi was special guest at inauguration of 8th Nepal International Film Festival; 2 standout films from Pakistan were also screened and Jamal Shah, the renowned artist and director/ producer was on the jury. Ambassador Hashmi lauded efforts of Mr. KP Pathak, Chairman NIFF.



Pakistan Embassy Hosted Iftar Dinner

On 16 March 2025, Pakistan Embassy, Kathmandu hosted Iftar dinner, bringing together officials, diplomats, friends, and civil society from all faiths to celebrate Ramadan with empathy, unity and a sense of community. Pakistan iconic Ghazal maestro Ghulam Ali Khan was a special guest.





Concert - Ghazal Maestro Ghulam Ali

On 15 March 2025, The maestro and pride of Pakistan Ustad Ghulam Ali, the living legend left the Nepali friends, fans and followers spellbound with his magical melodies and godly notes; ably accompanied by his son Amir Ali and grandson Nazir Ali. Pakistan Embassy, Kathmandu was the proud partner of Sadhana Kala Kendra, the organizer of the event, which is reflection of collaboration in art and music by Pakistan.



2. YOUTH ENGAGEMENT

Nepal-Pakistan Youth Council (NPYC) Orientation and Interaction Session

On 21 July 2025, Nepal-Pakistan Youth Council (NPYC) Orientation and Interaction Session was held at Pakistan Embassy, Kathmandu. Foundation of NPYC was laid. It was attended by Nepali youth leaders who are presently pursuing their careers in various fields. Ambassador Abrar H Hashmi in his remarks said that Nepal-Pakistan Youth Council will connect the youth of two countries and provide them a platform to discuss emerging issues and bring to fore their solutions and lead the way.



3.

PAKISTAN-NEPAL BILATERAL RELATIONS

Interaction between Pakistan-Nepal Parliamentary Friendship Group

On 19 June 2025, Ambassador Abrar H Hashmi met and briefed the Pakistan-Nepal Parliamentary Friendship Group of the Federal Parliament of Nepal. The interaction was attended by honorable members of the Friendship Group, diplomats of Pakistan Embassy and Nepal-Pakistan Friendship and Cultural Association.



Sagarmatha Sambaad

On 16 May 2025, Ambassador Abrar H Hashmi delivered Pakistan statement at inaugural of Sagarmatha Sambaad. Congratulated Nepal on holding this dialogue and said that Pakistan was home to towering peaks much like Nepal, with the largest constellation of glaciers outside polar regions and they were vital for humanity.



4. SOCIO-ECONOMIC SECTOR

Inauguration Ceremony of Pakistan-Nepal Children Park

On 27 June 2025, Pakistan Embassy, Kathmandu organized inauguration ceremony of "Pakistan-Nepal Children Park" at Ward No.8, Budhanilkanta Municipality, Kathmandu. Ambassador Abrar H Hashmi highlighted that it was gift from people of Pakistan for the people of Nepal.



Addressing the event, Ambassador Hashmi appreciated the partnership with Budhanilkanta Municipality for execution of Pakistan-Nepal Children Park as well as Embassy team for the realization of upgrading the beautification of children park play station, swings and new walking track, a space for all ages. The park was dedicated to the children of Gulftar community as "gift from children and people of Pakistan".

Assistance for Community Services

On 15 March 2025, Ambassador Abrar Hashmi met a team of Mathani Agriculture Co-operative, Dolakha and Sasapur Health Officer, Sarlahi District and handed over PC, printer and other essential items to support their invaluable work in community services.



5.

SUPPORTING EDUCATION SECTOR

13th Ambassador of Pakistan Annual Scholarship Award Ceremony

On 26 June 2025, 13th Ambassador of Pakistan Annual Scholarship Award Ceremony was organized by Pakistan Embassy, Kathmandu at Radisson Hotel, Kathmandu. The scholarships are awarded to the most deserving and bright Nepali students selected by the respective Principals of Schools from across Nepal. This year 195 students from 102 schools were awarded the scholarships.



Ambassador Abrar H Hashmi, in his remarks, said that Pakistan would continue its endeavour of scholarship programme and expanding the cooperation at all levels of education, including Higher Secondary students in Nepal. He said that today's event was celebration of success of the students and a reflection of it being shared responsibility. Ambassador Hashmi highlighted that to encourage Nepali youth in the fields of studies, sports and healthy social activities is a vital part of our bilateral cooperation.





12th Annual Essay Writing Competition and 8th Annual Speech Competition

On 29 May 2025, Pakistan Embassy, Kathmandu organized 12th Annual Ambassador of Pakistan Essay Writing Competition and 8th Annual Ambassador of Pakistan Speech Competition. In Essay Competition, Titled "Artificial Intelligence & Future of Humanity". Pratik Pokharel, Vishwa Nektan Secondary School secured 1st Position. In Speech Competition, Titled "Books or Bytes: The Future of Learning". Prapti Lamsal, Institute of Forestry, Pokhara Campus TU stood 1st.



Ambassador of Pakistan to Nepal Abrar H Hashmi in his concluding remarks appreciated the students for their critical thinking on important issues. The Ambassador stated that promoting critical thinking on emerging challenges and opportunities would equip them to benefit from such exercises and could serve as a binding bridge between the two countries.



6.

NATIONAL EVENTS

Flag Hoisting Ceremony Independence Day of Pakistan

On 14 August 2025, on the occasion of Marka-e-Haq 79th Independence Day of Pakistan, a flag hoisting ceremony was held at Chancery. Ambassador of Pakistan Abrar H Hashmi unfurled the national flag. Messages of President, PM & DPM/FM were read out. Pakistani community, Nepali friends and Embassy officials with their families attended the ceremony.



Ambassador Hashmi paid tribute to the historic struggle of 1947 and sacrifices of the nation's forefathers. He specifically praised the role of leadership and the Armed Forces of Pakistan in thwarting Indian aggression in the recent Marka-e-Haq.



Youm-e-Istehsal

On 5 August 2025, Pakistan Embassy, Kathmandu organized a Talk Programme, titled "Youm-e-Istehsal: The political and Humanitarian Fallout" The event was attended by journalists, writers and analysts as well as human rights activists. Messages of the President, Prime Minister and the Deputy Prime Minister and Foreign Minister of Pakistan were read out.



Youm-e-Tashakur



On 24 May 2025, Pakistan Embassy, Kathmandu celebrated Youm-e-Tashakur with prayers for Shuhadah, wounded & impacted, paid tribute to valiant nation especially armed forces, gratitude to Allah almighty and renewed resolve to defend Pakistan on all fronts Insha'Allah.



85th National Day Reception

On 16 April 2025, Pakistan Embassy, Kathmandu hosted a reception to commemorate the 85th National Day of Pakistan at Hotel Soaltee. Rt. Honourable Vice President of Nepal Dr. Ram Sahay Prasad Yadav graced the occasion as Chief Guest. Ms. Indira Rana, Deputy Speaker, House of Representatives, Mr. Madhav Kumar Nepal, Chairman of CPN-US and Former PM of Nepal, Mr. Baburam Bhattarai, Chairman of Nepal Socialist Party and Former PM of Nepal, Mr. Bishnu Rimal, Chief Advisor to PM KP Oli, Justice Sapana Pradhan Malla, Supreme Court and Mr. CP Mainali, Former DPM were also present.





In his remarks, Ambassador of Pakistan to Nepal H.E. Abrar H Hashmi, underlined the historical importance of Pakistan Day- Journey to Liberation from Colonial Subjugation to Forming Republic. He paid rich tribute to Pakistan's forefathers. He said Pakistan stands with international community in fulfilling its international obligations.

Pakistan and Nepal have enjoyed cordial relations and developed strong bonds. He elaborated that Pakistan and Nepal share a unique tapestry from geography to civilizational linkages, from peaks of Himalayas to rich heritage, and cultural similarities unite the two peoples together. He hoped that building on existing agreements, mechanisms and collaboration in education, health, defense, climate change, disaster management will continue to bring synergies and closer ties in years ahead.





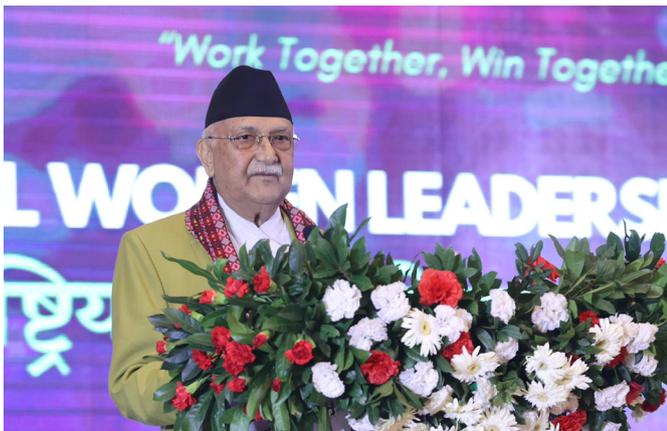
Flag Hoisting Ceremony National Day of Pakistan

On 23 March 2025, a flag hoisting ceremony on occasion of 85th National Day was held at Embassy of Pakistan Kathmandu. Ambassador Abrar H Hashmi raised National Flag in the embassy. Messages of President, PM & DPM/FM were read out. Community & friends of Pakistan and diplomats/officials of Embassy their families were attended the ceremony.

7. WOMEN EMPOWERMENT

Ambassador Attended International Women Leadership Conclave 2025

On 11 July 2025, Ambassador Abrar H Hashmi attended and spoke at the Women Leadership Conclave 2025 program alongside inspiring change-makers and entrepreneurs. He acknowledged Rt Hon K P Oli PM of Nepal for leadership and Federation of Women Entrepreneurs' Association of Nepal (FWEAN) for championing women-led progress across borders.



On 10 July 2025, Ambassador Abrar H Hashmi received Mrs. Imrana Shahryar, Academic and Entrepreneur, and her husband Mr. Shahryar Ahmad, who visited Nepal to participate in International Conclave on Women Leadership.



Establishment of Pakistan-Sponsored FWEAN Syangja District Chapter

On 4 July 2025, Pakistan Embassy, Kathmandu financially sponsored establishing of District Chapter of Federation of Women Entrepreneurs' Association of Nepal (FWEAN) in Syangja District. Ambassador Abrar H Hashmi inaugurated FWEAN District Chapter Syangja and appreciated growing women entrepreneurship in Nepal.



Women Empowerment Lauded

On 2 July 2025, Ambassador Abrar H Hashmi attended the launch of 'Weaving My South Asian Tapestry', the compelling memoir of renowned gender and rights icon Ms. Chandni Joshi. The memoir comprises a powerful story of advocacy, policy, and impact across South Asia.



8th International Women Trade Expo

On 6 April 2025, Pakistan Embassy, Kathmandu congratulated Federation of Woman Entrepreneurs' Association of Nepal (FWEAN) for successfully organizing 8th International Women Trade Expo. Pakistan Embassy adopted 2 FWEAN Chapters of Districts Rasuwa and Syangja. Pakistan Embassy also supported exhibition stalls of Districts Rasuwa and Nuwakot at expo. Ambassador Abrar H Hashmi welcomed at Chancery Ms. Shova Gyawali, President of FWEAN and her dedicated team.



8. COMMERCE AND TRADE

Ambassador Met with President of Nepal Chamber of Commerce

On 22 July 2025, Ambassador Abrar H Hashmi met President of Nepal Chamber of Commerce Mr. Kamlesh Agrawal and team to discuss ways to strengthen trade ties. Agreed to bolster border to border, exchanges, use existing mechanisms, participate in exhibition/fairs focused on leather, surgical and sports goods, cardamom, tea, ITeS and tourism.



Meeting - Nepal Tea Development Corporation

On 17 July 2025, Ambassador Hashmi received Mr Amul Agrawal, Director, Nepal Tea Development Corporation (NTDC), the producers of famous Nepalese Tokla brand, as part of ongoing discussions with tea exporters of Nepal.



Virtual Meeting – Sialkot Chamber of Commerce and Industry

On 15 May 2025, Ambassador Abrar H Hashmi had a virtual meeting with Mr Ikram ul Haq, President, and VP Omar Khalid of the Sialkot Chamber of Commerce & Industry and explored ideas of promoting B2B relations between Pakistan and Nepal.



9.

CIVIL SOCIETY

Rastriya Samachar Samiti (RSS) - Photo Exhibition



On 18 June 2025, Ambassador Abrar H Hashmi attended the photo exhibition titled 'Mountain Tourism: Our Pride, Our Identity' organized by the Rastriya Samachar Samiti (RSS) on the occasion of the 18th Republic Day. The Ambassador said that the photographs displayed are beautiful and educational.





Ambassador Attended 22nd Annual Day of Nepal Development Research Institute (NDRI)

On 23 April 2025, Ambassador Abrar H Hashmi attended 22nd Annual Day of Nepal Development Research Institute (NDRI), which featured an inspiring keynote address by Ms. Chandni Joshi on Nepal's journey towards inclusive and resilient development. Event also included a thought-provoking panel discussion on shaping a sustainable future in face of climate change.

10. DEFENCE COLLABORATION

Hail and Farewell Reception — Defence Attachés

On 28 July 2025, Ambassador Abrar H Hashmi hosted a reception to bid farewell to Col & Mrs. Ali Alvi and welcome incoming DA Col Hafeez. He praised Col Alvi's dedication in strengthening between Pakistan and Nepal defence ties and being an excellent team member. Chief of Army Staff Gen Ashoke Sigdel, VCAS, ACAS, senior officers, DAs and friends graced the occasion.



Defence Alumni Gathering

On 7 May 2025, Embassy of Pakistan organized Alumni gathering for Nepali Army officers trained in various institutions of Pakistan Armed Forces. General Gaurav SJB Rana, Former Chief of Army Staff, Nepal was the chief guest at the occasion and General Rajendra Chhetri, Former Chief of Army Staff attended the event as Special Guest. A visiting delegation of National Defence University (NDU), Islamabad also attended the event.



Ambassador Met with Deputy Commandant NDU

On 14 March 2025, Ambassador Abrar H Hashmi welcomed Rear Admiral, Javed Iqbal, Deputy Commandant, National Defence University, Islamabad, who visited Nepal for the Commandant's meet. Separately, the Ambassador had meeting with IG Faisal Shahkar, the UN Police Adviser, Department of Peace Operations (DPO), who, too, was on an official trip in Nepal.



11.

INTERNATIONAL COLLABORATION

Ambassador Witnessed ICIMOD MoU's in Islamabad

On 24 July 2025, Ambassador Abrar H Hashmi has attended MoU signing between Institute of Strategic Studies Islamabad and International Center for Integrated Mountain Development ICIMOD in Islamabad. Partnership focuses on climate-induced challenges in Hindu Kush Himalaya (HKH) such as GLOFs, air pollution, and Indus river basin degradation through joint research, reflecting ISSI's commitment to climate action.

The agreement of cooperation between Ministry of Climate Change and Environmental Coordination (MoCC&EC) and ICIMOD was signed to formally initiate the implementation of the SAFER Pakistan project.

The MoU was signed by Dr. Pema Gymtsho, Director General of ICIMOD, and Dr. Abid Qaiyum Suleri, Executive Director of SDPI, reaffirming their shared commitment to evidence-informed policymaking and regional cooperation.





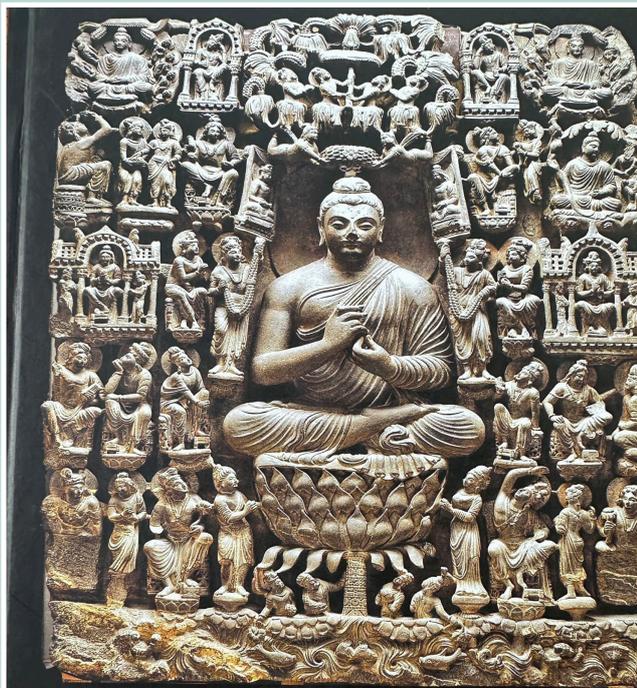
Ambassador Attended Regional Asia-GCC Conference

On 23 April 2025, Ambassador Abrar H Hashmi attended regional Asia-GCC conference hosted by IOM-UN Migration, Nepal. The focus was on safe pathways to migration, fostering understanding between the sending States of South Asia and receiving States of GCC with over 30 Million migrant workers.

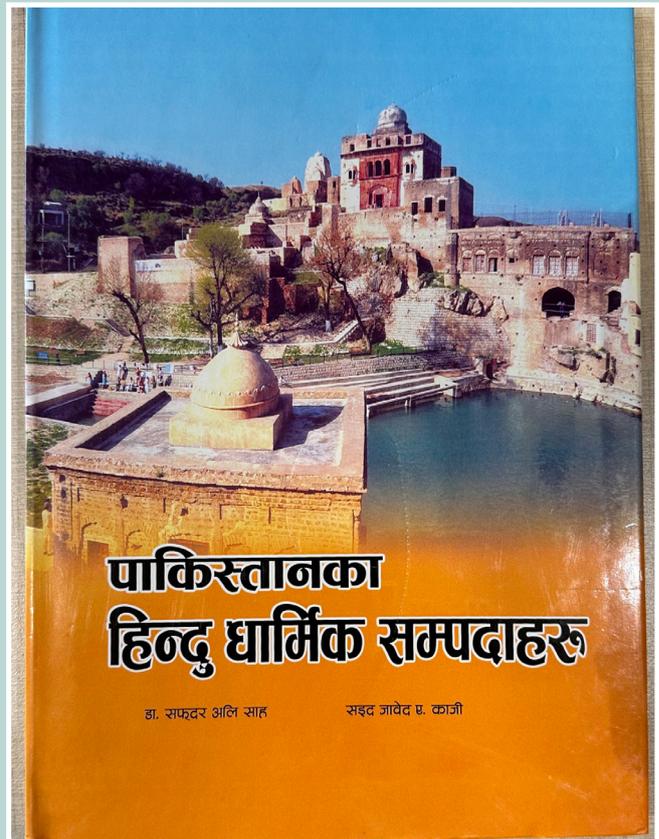
12. PROMOTION OF TOURISM

Promotion of Pakistan's Heritage

On 15 July 2025, Ambassador Abrar H Hashmi presented Pakistan Embassy's commissioned books on Hindu and Buddhist Heritages of Pakistan to renowned scholar Mr. Kanak Mani Dixit and exchanged ideas to promote tourism from Nepal, the region and beyond to explore Pakistan's spiritual, historical and cultural treasures in Buddhist and Hindu heritages.



Buddhism &
Buddhist Heritage in Pakistan



Tourism Collaboration

On 3 July 2025, Ambassador Abrar H Hashmi met with Dr. Adnan Dogar (Chairperson, Department of Tourism & Hospitality Management, Kohsar University, Murree) and Mr. Mani R. Lamichane (Director, Nepal Tourism Board), where latter requested support of Pakistan Embassy in Sustainable Mountain Tourism.



Ambassador Welcomed Pakistani Top Mountaineers

On 27 May 2025, Ambassador Abrar H Hashmi welcomed Pakistani top mountaineers at Pakistan Embassy, Kathmandu to celebrate their inspiring achievements. Sirbaz Khan, Kashif Shehroz, Naila Kiyani and Wajidullah Kakar shared their experience on the occasion.



Facts about Pakistan

Official Name:

Islamic Republic of Pakistan

Father of the Nation:

Quaid-i-Azam Muhammad Ali Jinnah (1876-1948)

National Poet:

Dr. Allama Muhammad Iqbal (1877-1938)

Head of the State:

Asif Ali Zardari, President

Head of Government:

Mian Muhammed Shehbaz Sharif

Administrative Division:

4 Provinces (Khyber Pakhtunkhwa, Punjab, Sindh & Balochistan) and Gilgit Baltistan & Azad Kashmir.

Flora:

Pine, Oak, Poplar, Deodar, Maple, Mulberry

Popular Games:

Cricket, Hockey, Football, Squash.

Tourist's Resorts:

Murree, Quetta, Hunza, Ziarat, Swat, Kaghan, Chitral and Gilgit-Baltistan.

Archaeological Sites:

Moenjo Daro, Harappa, Taxila, Kot Diji, Mehr Garh, Takht Bhai.

Major Cities :

Islamabad, Karachi, Rawalpindi, Hyderabad, Faisalabad, Multan, Sialkot, Lahore, Peshawar.

Seaports of Pakistan:

Gwadar Port, Gwadar (Balochistan) Karachi Port, and Port Muhammad bin Qasim, Karachi (Sindh)

Famous Mountain Peaks:

	World Rating
K-2	8611 m 2 nd
Nanga Parbat	8125 m 8 th
Gasherbrum-I	8068m 11 th
Gasherbrum-II	8047m 14 th
Gasherbrum-III	7952m 15 th

Best Wishes for Nepal - Pakistan Friendship



Dr. Manju Ratna Sakya
President



Nepal Journalist Association & Family

Maitighar, Kathmandu, Nepal. Tel. : 9851024388

Long Live Nepal-Pakistan Friendship



Mr. Mohan Bir Thapa
President



Nepal World Tourism Journalist Society

Baluwatar-4, Kathmandu, Nepal

P.O.Box : 3257, Tel. : 4512006, 4526068, 5263767, Email : tmohanbir@gmail.com

Visual Artist Based in Kathmandu

Bidhata KC is a visual artist whose work explores identity, material culture, and evolving relationship between tradition and modernity. Inspired by Nepal's rich history, she juxtaposes cultural motifs with industrial materials, creating a compelling visual language that blends the old and the new. By merging these distinct elements, she fosters a dialogue between past and present, where each retains its identity while forming a new artistic discourse. Her work captures the tension and harmony between cultural heritage and contemporary transformation. Her piece *Marginalized Identity* earned a Special Mention Award at the National Fine Art Exhibition (2011). She represented Nepal Art Council at the India Art Fair (2016) and was a commissioned artist for the Kathmandu Triennale (2017). She was named 'Artist of the Year' (2018), one of Nepal's 100 Most Influential Women, and received the Australian Himalayan Foundation Art Award. In 2022, she was selected for the 'Social Change Through Art' program under the International Visitor Leadership Program in the US. With seven solo exhibitions, Bidhata KC's art has been showcased in multiple festivals and exhibitions nationally and internationally.



Bidhata KC

Pakistan Experience – A Reflection on the Artist Residency Program for South Asia

As a resident artist from Nepal, participating in the Artist Residency Program for South Asia in Islamabad was a deeply enriching experience. It offered me the opportunity to explore Pakistan's natural beauty and cultural heritage through the lens of art and lived experience. Over the span of one month, I traveled through Lahore, Karachi, and Skardu — each place unfolding like a story, layered in memory, texture, and spirit, revealing a different facet of the country's identity.

Lahore's Walled City felt like a breathing archive. Its narrow lanes carried the scent of earth, stories embedded in old bricks, and lives still lived in rhythm with the past.

In Karachi, Thatta's ancient necropolis and mosque rose from the land like whispered prayers. Blue-patterned tiles shimmered softly, their geometry echoing time.

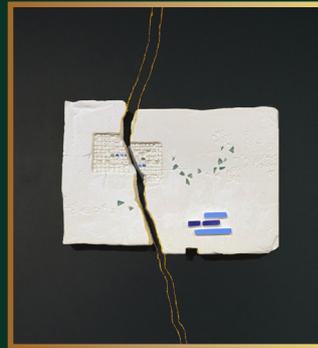
Then came Skardu open skies, snow-capped peaks, and villages softened by cherry blossoms. The stillness of lakes, the textures of stone and soil, and the generous smiles of its people offered space to breathe, to reflect, to absorb.

What bound these places together was the warmth of human connection. Hospitality here is not formality- it is a gesture of the soul. As an artist, I felt seen, welcomed, and deeply inspired.



Concept of Art Work – Crafted Memory: a Contemporary Homage to Timeless Art

Crafted Memory pays tribute to the artisans — often anonymous — whose labor and artistry have shaped a visual language that endures through generations. Rooted in my ongoing exploration of identity, material culture, and the evolving relationship between tradition and modernity, this body of work reimagines Pakistan’s rich visual history through a contemporary lens. Drawing from Mughal-era design, vernacular craftsmanship, and vibrant traditions like truck art, each piece becomes a conversation between past and present. The memories of places, sounds, and images blend into a visual narrative, inviting reflection on the silent stories embedded in these histories — and how we see ourselves reflected within them. Through contrasts in scale, texture, and material, I explore how these traditions transcend time, reshaping our sense of self, place, and belonging in a rapidly changing world. The past is not a static memory but a living presence, co-existing with the present and shaping our being in the here and now. Crafted Memory is both homage and inquiry: In what forms does history survive? How do these inherited legacies reflect who we are today, and how do they continue to shape—or unshape—our existence and sense of place in a world in constant flux?



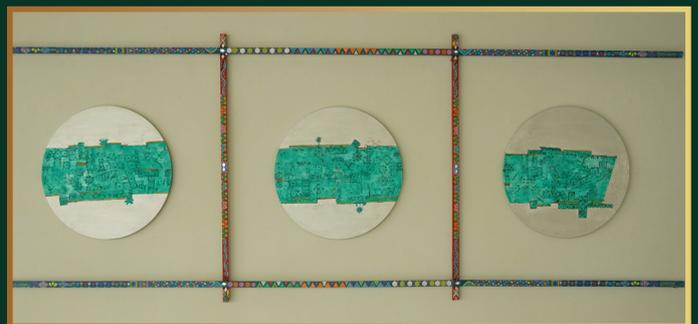
Impression of Mosque



Impression of the Holy Quran from Museum



Impression of Lahore



Impression of Truck Art



Impression of Skardu



Impression of Mountains



Impression of Thatta

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